Media Release

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Protecting the Thunder Bay District - Flu Vaccine

The Thunder Bay District Health Unit (TBDHU) is encouraging everyone to get their flu shot this year. While the flu can always pose a serious infection for many high risk people, this year there is additional risk. Catching the flu could compromise the body's ability to respond if there is also exposure to COVID-19.

"The flu shot is free and is available to everyone in Ontario six months or older", DeMille emphasizes. "We encourage anyone with questions to reach out to us at the TBDHU, at any of our offices throughout the Thunder Bay District."

The flu vaccine is available from health care providers in the community, participating pharmacies and the TBDHU. Health care providers can immunize anyone 6 months and older, while most pharmacists can immunize anyone 5 years and older.

TBDHU is working closely with community health care providers throughout our District to ensure access to the flu shot. Visit the dedicated flu website at www.thunderbayflu.ca for more information or contact TBDHU at (807) 625-5900 or toll-free: 1-888-294-6630.

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For more information - Health Unit Media: news@tbdhu.com.