

The OLIVER PAIPOONGE News

Volume 28, Number 4

April 2024



PROCLAMATION "WORLD AUTISM AWARENESS DAY" April 2, 2024

WHEREAS, World Autism Day will be recognized on April 2, 2024, in Canada thanks to Liberal Senator Jim Munson's Bill S-206, An Act Respecting World Autism Day; and
 WHEREAS, Autism Spectrum Disorder (ASD) affects more than 135,000 Ontarians. Autism Spectrum Disorder is now recognized as the most common neurological disorder affecting 1 in every 66 children, as well as their friends, family and community; and
 WHEREAS, ASD is a spectrum disorder, which means it not only manifests itself differently in every individual in whom it appears, but its characteristics will change over the life of each individual as well. A child with ASD will become an adult with ASD; and
 WHEREAS, Autism Ontario (formerly Autism Society Ontario) is the leading source of information and referral on autism and one of the largest collective voices representing the autism community. Since 1973, Autism Ontario has been providing support, information and opportunities for thousands of families across the province; and
 WHEREAS, Autism Ontario is dedicated to increasing public awareness about autism and the day-to-day issues faced by individuals with autism, their families, and the professionals with whom they interact. The association and its chapters share common goals of providing information and education, supporting research, and advocating for programs and services for the autism community.
 NOW THEREFORE I, LUCY KLOOSTERHUIS, Mayor of the Municipality of Oliver Paipooonge do hereby declare April 2, 2024, as "WORLD AUTISM AWARENESS DAY" within the limits of the Municipality of Oliver Paipooonge.

Mieke Bolt caught this beauty pic on Hannah Road

THE CORPORATION OF THE
MUNICIPALITY OF OLIVER
PAIPOONGE



NOTICE OF LOAD RESTRICTION

Notice is hereby given that effective Saturday, March 9, 2024 at 12:01 a.m. load restrictions will apply on all municipal roads within the Municipality of Oliver Paipooonge and will continue until further notice.

Chris Bowles, Director of Operations

Thunder Bay Community Pasture NOTICE OF ANNUAL GENERAL MEETING

Monday, April 8th, 2024

8:00 p.m.

Rural 60 Centre, 5 Pineview Road, Kakabeka Falls
off Hwy. 11-17

For more information contact Diana Bockus
Secretary/Treasurer

dlbockus@tbaytel.net 475-871
Everyone is welcome to attend

Picture of the falls taken March 18 ~ Water is usually more of a brownish color, unusual to see so blue, probably a reflection of the cloud cover before the sun broke through - Oscar Mattas



North Landfill (1 Spence Road)	South Landfill (154 Barrie Drive)
Summer Hours (April 1 st - September 30 th) Tuesday 12:00pm - 8:00pm Saturday 9:00am - 5:00pm	Summer Hours (April 1 st - September 30 th) Wednesday 12:00pm - 8:00pm Saturday 9:00am - 5:00pm
Winter Hours (October 1 st - March 31 st) Tuesday 12:00pm - 5:00pm Saturday 9:00am - 5:00pm	Winter Hours (October 1 st - March 31 st) Wednesday 12:00pm - 5:00pm Saturday 9:00am - 5:00pm
Please Note: Municipal Landfill Sites are closed on ALL Statutory Holidays.	

Please be advised that Sunday, March 30, 2024 will be the last scheduled Public Skate at the Norwest Arena for this season from 5:00 - 6:00 P.M.

For the month of April we will provide notice a minimum of 48 hours prior to any available public skate times and dates through The Municipal Website and the Municipal Facebook Page.

Council News

COUNCIL MEETINGS

April 9th at 5 pm - April 24th at 9 am

The agenda will be posted by the Friday of the week before the week of the meeting. Council's objective is to be open to our residents, hear their concerns, and use our time & your money constructively. Please pre-arrange your presentation with the C.A.O./Clerk or Deputy Clerk (935-2613) by the Tuesday prior to our council meetings.

BY-LAWS/ RESOLUTIONS PASSED

With respect to Report 2024.35 Council authorizes the passing of a by-law to amend the Municipality of Oliver Paipoonge Comprehensive Zoning By-law to rezone GFL Environmental Inc, 26 Haniak Road property from light to heavy industrial; That the Disconnecting From Work Policy be approved; The contribution of services valued at \$13,270.00 in 2023/23 to Rural 60 Plus be approved; Approval of the 2024/25 Municipal Insurance program for a premium of \$310,740 plus taxes and 2024/25 cyber insurance for a premium of \$8,810 plus taxes; Supporting a resolution regarding flashing lights on stop signs in highway construction zones; Support of a resolution that the Federal Gov't commit additional funds for cost sharing of Provincial firefighting and to consider the development of a national strategy of firefighting; Support of a resolution to advocate to the AMO, ROMA and FCM to examine if the unaffordability of water and wastewater systems operations costs is systemic provincially and nationally.

Submitted by Mayor Lucy

2024 Regular Council Meeting Schedule Subject to change

April 9, 2024	5:00 PM
April 24, 2024	9:00 AM
May 14, 2024	5:00 PM
May 29, 2024	9:00 AM
June 11, 2024	5:00 PM
June 26, 2024	9:00 AM
TBD - July 2024	



ASSISTANT MUSEUM CURATOR

The Municipality of Oliver Paipoonge is seeking applications for the position of Assistant Museum Curator. This is a part-time seasonal position from May-September.

Position Summary:

Reporting to the Museum Curator, the Assistant Museum Curator is responsible for assisting the Museum Curator to plan, develop and operate the Municipality's museums and related facilities. The Assistant Museum Curator supervises museum employees.

Duties and Responsibilities:

- Managing and overseeing the operation of museum facilities as directed.
- Booking and coordinating school and group tours as directed.
- Planning community events, entertainment and children's programs as directed.
- Controlling cash collected and disbursed by the museums when assigned.
- Training and supervising employees as directed.
- Ensuring that workplace health and safety policies and procedures are followed.
- Researching and coordinating exhibits and documenting and maintaining collections as directed.
- Promoting public interest in the history of the area through exhibits and community outreach as directed.
- Developing and maintaining effective communication regarding museum business with government, museums and other parties.
- Directing installation and promotion of exhibits on temporary loan from other museums or parties when assigned.
- Other related duties as assigned

Minimum Job Requirements:

- Knowledge of museum practices including collection principles, storage and environment standards, conservation and archival procedures and good housekeeping
- Ability to research and gather information from various sources including oral history
- Cash management and employee supervision skills
- Policy development and long range planning skills
- Must have reliable transportation (Rural location)
- Working knowledge of computers

Wages and Hours of Work:

\$27.62/hour – Approximately 30hrs/week with varied times, weekends, days, and evenings

Please forward resumes directly to the Human Resources Clerk by 4:00 pm on **Wednesday April 17, 2024.**

Municipality of Oliver Paipoonge
3250 Hwy.130
Rosslyn, ON P7K 0B1
Tel: (807) 935-2613, ext. 8675
Email: humanresources@oliverpaipoonge.on.ca

The Municipality of Oliver Paipoonge is an equal opportunity employer. Reasonable accommodations are available upon request for all parts of the recruitment process.

Only candidates selected for an interview will be contacted. Applicant information is collected in accordance with the *Municipal Freedom of Information and Protection of Privacy Act.*

- ✂ **Computer Repairs**
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MUSEUM GENERAL EMPLOYEE

The Municipality of Oliver Paipoonge is seeking applications for the position of Museum General Employee. This is a part-time seasonal position with three positions available.

Duties:

To assist the Museum Curator to operate the Municipality's museums and related facilities. To greet and interact with visitors of the museum facilities, cleaning and maintaining of buildings, grounds, displays, washrooms, and kitchen, setting up and taking down displays and performing office work.

Minimum Job Requirements:

- Interest in museums and history, particularly of Oliver Paipoonge.
- Good skills in dealing with the public.
- Flexible to work varying times, weekends, days and evenings as required
- Must have reliable transportation (rural location)

Wages and Hours of Work:

\$18.26/hour – with varied times, weekends, days, and evenings
May – June: 15 hours/week
July – August: 20 hours/week
September 1-29: 10 hours/week

A more detailed job description is available upon request.

Please forward resumes directly to the Human Resources Clerk by 4:00 pm on **Wednesday April 17, 2024.**

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3250 Hwy.130
Rosslyn, ON P7K 0B1
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Parish of West Thunder Bay
Country Worship in Christ

Show Mum some extra love
for Mother's Day!!
Treat her to our "World Famous"
Spaghetti Supper

Sunday, May 12, 2024
4 pm-6 pm
Rosslyn Community Centre
3405 Rosslyn Road @ Vibert Road
Sit Down or Take Out

(Please bring your own containers for take out)
Adults \$15, 6-12 years \$5, 5 & under free
- Cash only at the Door -



A Sincere Thank You!!
*by Joan Bailey, Acting
President, Rosslyn W.I.*

The Rosslyn Women's Institute would like to thank everyone for coming out to support us at our February Valentine Dessert Tea. We hope everyone enjoyed the luscious desserts and the beautiful variety of cookies for sale in the Cookie Walk. We originally started this in 2001 to provide something for the village residents to attend in the midst of winter, and only took a break during COVID. Each year we have held it, we have donated \$200 to the Rosslyn library for special books: children's books, Canadian authors, etc. This has certainly added up over the years and we very much appreciate the support of the community in helping this to happen. We hope to see you next year, so get your tickets nice and early and be sure to bring a container for your cookies. If you would like more information about the Rosslyn Women's Institute, please contact Joan Bailey at (807) 628-5884.



**oliver
agricultural
society**

Rejuvenated Board! New Branding! Same Great Fair!

The Oliver Agricultural Society is planning for a great summer with two big community events for 2024.

- The RCMP Musical Ride will be visiting Murillo in July with performances on the 13th and 14th.
- The Murillo Fair will be held August 16th to 18th.

We Need You! Volunteers are the life blood of small communities and make these events possible. Need volunteer hours for high school? No snow left to rake? Retired and already cut your lawn twice this week? We've got the perfect solution for your woes! Lend us a hand. We will be having volunteer work parties leading up to each event to get the grounds ready. In addition, during the events more hands make lighter work! Send your expressions of interest to info@murillofair.ca with volunteer in the subject and we will add you to the email notification of volunteer opportunities!

O'CONNOR COMMUNITY CLOTHING DRIVE
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Wednesday, April 17th
Registration 9 am to 11 am
Drive-Thru Pick-up

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Chix in the Stix

For the Love of Cars

I spend so much time in my car it's almost a second home. I end up eating a lot of meals and snacks there. I have lots of personal supplies handy. And on a cold snowy winter day (or spring day as the case may be) when I still have to be out and about, I appreciate the warmth and comfort of my car. Music, coffee, essential oil diffuser. I make it work! Not that I have a fancy car or anything. Or a clean car for that matter. Somehow my impeccable house-keeping skills in no way transfer to my car. Now, I'm married to a mechanic which means that many things in my life, including my car, are often held together with duct tape or other contraptions. There is usually at least one light on, on my dash. In fact I sometimes get worried when there are no lights on. It is the norm for me to hear things like 'don't worry about it' or 'just keep driving' or 'it's nothing important' when I bring potential mechanical issues to his attention. I have driven around for weeks with unidentified noises or waiting for something to fall off that apparently I 'don't really need anyway'. Most days I just turn up the radio and embrace the adventure. I don't want to stereotype but I know for sure that my car looks nothing like the 'city' cars I see. For one thing it's hard to identify the actual colour of my car. That comes with the territory when you live at the end of a long dirt road. There is no use in washing my car or heaven forbid spending money on a car wash in town. One drive back up the hill and it's back to being dirty again. I get a kick out of it when I see other 'country' cars on the road. You know the ones. Cars (or often trucks) that you know have a history. That have seen better days but probably have so many stories to tell if they could talk. I don't judge. Maybe there's a tail light missing. They probably never even had hub-caps. The antenna might be broken. A window might be stuck up or down or covered with plastic or even cardboard. They might have to open the door at the drive-thru. Forget about bluetooth or back-up cameras or other fancy features. There's probably a dog in the back. These are the people with the 'beater' cars that have been brought back to life and simply get you from point A to point B. Because the truth is not all of us can afford a brand new fresh off the lot vehicle, and I know I never will. And that's okay. Some of my best car memories involve old beaten up cars. From childhood outings to stock car races, to some of our own backcountry stock car adventures. I grew up a city kid but we had aunts and cousins in the country. Including older 'boy' cousins who were always taking us on adventures. They always had cars and always started to drive at a young age. We were mesmerized and always 'went along for the ride'. Nothing they had was really road-worthy but they were definitely 'field' worthy. There is nothing quite like racing around a back road or farmer's field in a hot-wired car with no windows, getting wacked with the occasional tree branch, inhaling various bugs, sitting on the bench seat in the back and hanging on for dear life to that 'rope' that hung across the seat in front of you (never was quite sure what that was for) while an older and probably too young to drive legally cousin showed his city slicker guests what real fun was and scared the pants off us at the same time. Based on the number of giant boulders we swerved and missed and sometimes didn't, and the general insanity of it all, I'm not sure how we all survived. But we did. And we dared not show that we were afraid or tell our parents how totally hairy the rides were or they might not let us come back. Winter months we switched to snow machines and it was just as dangerous and exciting, nothing like we had ever experienced 'back in town' - which was only a half hour away but seemed like a whole different world! Not sure if it made me love or hate driving but the memories are forever. I didn't get my driver's license till I was in my 20's (living in Toronto it's just not necessary) and didn't have my first car till I moved to the country myself in my 30's. I can't help but think it's all connected somehow. Country driving continues to be one of my favourite things (though I stick to the roads now!) Whether it's driving from Slate River to town once or twice a day, or country drives to Murillo or Hymers or other destinations to run errands. When the weather cooperates and you have the right snacks and the right co-pilot these mini road trips can be simply the best and I never say no when the opportunity arises! Stay safe on the roads everyone, and no matter how fancy or not fancy your car is, make memories and embrace the ride!



4-H NEWS

THE THUNDER BAY 4-H ASSOCIATION held its Annual Meeting on January 17, 2024 and welcomed a new board of directors.
 Linsey Ingram - President
 Carolyn Huber - Vice President
 Ashley Cadeau - Secretary/Treasurer
 Janice Groeinheide - Membership/Awards

If you are wishing information regarding the 4-H program You can contact the directors through the Thunder Bay 4-H Beef Club Face book page.
 Linsey @ 807-738-0741 or Janice @ 807-708-1952
I would like to thank all the volunteers, members and families who made the 4-H Program active in our community during the past years.. It is time for me to retire.
Thank You - Jean Wilson



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With thanks to God for His goodness and blessings,
Arie & Bonnie Grootenboer
 are pleased to announce their
50th wedding anniversary
 to be celebrated Saturday, April 6, 2024
 at the United Reformed Church
 located at 23 Highway 130.

An Open House with refreshments will be held from 2-4 pm.
 We look forward to seeing you there.

Our Wedding Text: Psalm 127:1

*"Unless the Lord builds the house, its builders labour in vain.
 Unless the Lord watches over the city, the watchmen stand guard in vain."*

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Just Popping In...

Random Thoughts by Karen Craib

Hello. Happy Spring. I can't blame Daylight savings time, my sleep patterns have been off for a spell. And by a spell I mean it began shortly after the pandemic did.

For example I was still wide awake at 5:30 a.m. Good thing I'm retired, I'd never be able to function on 2 hours of sleep. I'll have 1 or 2 bad nights then sleep very deeply. I don't even hear Jim and the critters come to bed. Last week he woke me up when he asked "Are you dead". He said our 14 pound cat walked on me and I didn't even react.

After last night I needed a nap. After 45 minutes my eyes sprung open. I began writing this article in my head. I did that for 30 minutes then gave up on sleep. I rode my exercise bike and put in a load of laundry. This way I won't be disturbed during "Coronation Street" or "Moonshiners" this evening. I don't think I'll have sippin' cream during the second one. I tried a bottle Jim bought me, an Irish Cream wannabe that's wine based. My response was "I want to finish this bottle so I can open one I like".

So - what was running through my head when I wanted to sleep. Well I had an image of being in the hallway/lobby of the Fort William Gardens, during the Shrine Circus. My Mom was buying me a little cane with a gorilla dangling on it (I also recall the ones with Kewpie dolls).

This made me think of circus related events and I thought...I'm not sure I liked it a lot. This strange little kid found a lot to be afraid of.

Oh excuse me a minute, the washer is done. Ok - I'm back.

I liked the elephants. But as an adult I think...what a life. Most of it spent in a truck driving from town to town, and in between you perform. Hmmm. That's not unlike Michael Buble on tour.

I'm reminded of the killer whale show at Marineland. We were there in the 80's on a day when the whale was clearly not interested in performing. Soon after it entered the big pool it swam back into the little one and used its head to slam the gate shut. That's making a statement.

I liked the circus tight rope acts. I did not like the "there's a gorilla loose" act. It ran through the crowds taking women's purses. It wasn't a real gorilla, just someone in a suit. But to me - it was real and I sat there in fear it would come over to us.

As an adult I had a very sweet experience seeing a baby gorilla. It was either at the zoo in Toronto or at Como Park zoo in Minneapolis. A zoo worker had it out in the open. She sat on a slightly sloped grassy hill next to the walkway. It was like watching a human baby. There was a small tree. I can still see it with one finger outstretched reaching up to touch the tree. It was a world of discovery for it. I would have loved to hold it. It was so cute, unlike the Shrine Circus gorilla. Then there were the circus tigers, I worried they'd get loose when I think of it now, imagine going into a cage full of tigers. Wow! I'm sure that one day somewhere a tiger thought "I've had enough of you" and gave the trainer a whack. This is reminding me of Roy Horn from Seigfried and Roy. We saw them a few times. I never would have foreseen the tragedy he went through. I think of them when I'm in Vegas, if we drive by their favourite Bavarian restaurant.

When we visited Phoenix we drove to Fountain Hills to see the big cats show at Out of Africa. What's memorable about it is a man standing near the fence surrounding them. I don't know what it was about him but one cat clearly didn't like him. It went over to the fence and peed on him.

Back to the circus...and then there were the clowns. I've never found them funny, I find them scary. Sorry if there are any clowns reading this, but I just don't like them. And when a certain movie came out (whose title we don't mention), I thought-see I was right about clowns.

When we were in Phoenix in the 90's the main streets were well lit. But if you got off them, they weren't as well lit. And if you went into a residential area they were downright dark. We were surprised by the lack of good lighting. One evening we spotted a cat at the edge of a street. It was looking in a hole in the curb, I assume that's a sewer. I thought...oooh, what is that cat looking at. And that creepy movie came right to mind. You'll notice I haven't mentioned the title. I'm sure you've figured it out. Oops!! So that was the Shrine Circus. We went every year, but I'm not sure how much I liked it. In later years I'd say to Jim "how come we never go to the circus". He'd reply "because there's clowns". Oh yes, now I remember.

I want to thank the Rosslyn Women's Institute for their help in writing this article. I am using the notebook that Sandy Vibert picked out for me. And I wish they're one members a happy 100th anniversary. I enjoyed their display at the Valentine's tea. I spotted my Mom as a young 32 year old woman, an unexpected bonus.

I hope you have a nice April.

Power Outage Safety

Power outages can happen at any time. Whether you're without power for minutes, hours, or days - stay safe with the tips below!

Keep your **emergency preparedness kit** stocked. Make sure you have portable sources of light (flashlights, candles, glow sticks), extra batteries, and non-perishable foods and lots of potable water.



There may be **downed/live power lines in your area**. Keep yourself and others at least 10 metres away (about the length of a school bus). **Be careful**, even wires that have been down for several days could still be live.

Stay **food safe!** Keep refrigerator doors closed during outages to preserve food. **Never** use charcoal or gas barbecues, camping stoves, or generators indoors.



Know when to go. If your home gets too cold or too hot and you are able to leave, head to an alternative location until it is safe to return. Take all household members (including pets) with you.

ontario.ca/BePrepared





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CHIEF'S CORNER

by Sean Horan, Fire Chief/CEMC

Chiefs

Corner – April 2024

I'm somewhat confused with the weather as I write the April Chief's Corner. Last week we were enjoying double digit temperatures and facing a building fire hazard. Today it is snowing with a winter storm warning and potentially 50+ cm of snow! Don't get me wrong, we need snow as we are currently in a severe drought, but it goes to show you how fast things can change. This snow will help our situation in the short term, but our spring fire hazard will be back before you know it.

The spring wildfire season is the most dangerous time of the year, with dry fuels, low humidity, and windy conditions. As another reminder, and as outlined in our open-air burning by-law, our burning permit and the FFPA (Forest Fire Prevention Act), outdoor burning is restricted during the fire season from April 1 to October 31. Burning is permitted from 2 hours before sunset to 2 hours after sunrise, with a valid permit. There is NO DAYTIME BURNING permitted during the fire season. This includes piles that may be smoldering the next day. They must be extinguished before the next burning period. The time restriction is to ensure burning is conducted at the safest time of the day. If you have piles that have been burnt over the winter, it is your responsibility to ensure these are OUT effective April 1st.

Just a reminder that you may be charged if you are burning without a valid permit OR if you are burning outside the requirements outlined in the permit. You may also be responsible for the cost of extinguishing a fire. This could be a substantial amount of money!

As outlined in the burning permit, ensure you always have a responsible person on site, along with extinguishing items available to control any burning that may get out of hand. IF IT'S WINDY DON'T BURN!!! If you have ANY problems controlling a fire, call 911 immediately. The sooner the fire department arrives, the faster the fire can be controlled. It is also the permit holder's responsibility to know the burning conditions and if there are any burning restrictions, such as restricted fire bans (RFZ). Visit the Municipal website (<http://www.oliverpaipoonge.ca/>) for information related to open air burning and any restrictions that may be in place.

As an added measure of protection during the forest fire season, the Fire Smart Homeowner's Manual is a quick guide that provides property owners with information and steps you can take to reduce the risk of losses in a wildfire event. The manual deals with site preparation and maintenance, as well as building materials, and includes a checklist for home and site hazard assessment. Copies of this handbook are available for download at the MNR Aviation and Forest Fire Management website: <https://www.ontario.ca/page/forest-fires-safety-information>

DO YOU NEED A BUILDING PERMIT?

A building permit is your formal permission to begin construction or demolition. It means that the Municipality of OliverPaipoonge has approved plans for any new structure, addition or renovation. Approved plans must comply with the Ontario Building Code, local zoning by-laws, and other applicable laws and regulations. It is unlawful to start construction or demolition of a building, as defined in the building code, before you get a permit.

You need a building permit in the following situations:

- Construct a new building
- Renovate, repair or add to a building
- Demolish or remove all or a portion of a building
- Change a building's use
- Install, change or remove partitions and load-bearing walls
- Make new openings for, or increase the size of, doors and windows
- Build a garage, balcony or deck
- Excavate a basement or construct a foundation
- Install or modify heating, plumbing, air conditioning systems or fireplaces

If you are unsure, or have any questions, please call the Municipal Office at 807-935-2613



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**MURILLO MINOR ATHLETIC ASSOCIATION
2024 SPRING SOFTBALL LEAGUE UPDATE**

Hello Everyone! Preparations for the 2024 Murillo Minor Athletic Association (MMAA) spring softball league are well underway! Just need a little more sunshine. We have over 400 youth registered in our T-Ball, 3-Pitch, Atom, PeeWee and Bantam divisions, and 95 volunteer coaches! Check out our website to see if spaces are still available.

The MMAA softball league is all about FUN, FRIENDSHIP and FITNESS! A softball glove is all a player needs – all other equipment is supplied. Softball games are played at the five ball diamonds behind the Murillo Community Centre. The 2024 season starts Monday April 29th and ends Saturday June 22nd with our annual Tournament and BBQ Day event.

The MMAA would like to thank the local businesses that have generously provided team sponsorships and/or support to the MMAA for the 2024 season:

- All-In-Bloom
- Art's Auto
- Brule Creek Farms
- BTG Contracting
- Chaschuk Enterprises
- Crystal Beach Resort
- Daniel Vanlenthe Mechanical
- dp Diamond Blades
- Greenmantle Forest
- Haveman Brothers Forestry Services
- Heartbeat Hot Sauce
- Horizon Northwest Financial
- Impact Promotions
- Kam Ridge Manufacturing
- LH North
- Maw 'n' Paws
- Melissa Thompson & Johnny Avella
- Royal Lepage
- North Winds Farm
- Northern Custom Contracting
- Play It Again Sports
- Per Hol Construction
- Silvaggio Fine Homes Construction

- Silver Foam Consulting
- Stakd Birch
- Stanley Hill Bison
- Superior Consulting Team
- The Refill Co.
- Thunder Bay Feeds
- Uniform Pros
- Wayne's Auto
- Wieringa Bros.

Thank you to the Municipality of Oliver-Paipoonge for the ongoing support and maintenance of the recreation facilities.

FOR MORE INFORMATION:
Please contact us by email at: mmaa1@tbaytel.net, or visit our website: <http://mmaa.tbay.me/>

RURAL 60 PLUS!

5 Pineview Road, Kakabeka Falls 475-5779,
email rural60@tbaytel.net Website: www.rural60plus.ca

- Monday** - Carving - 10 to 3
- Disking - 1 to 3
- Tuesday** - Weaving - 10 to 3
- Knitting - 10 to 3
- Good Company Choir - 1 to 3
- Wednesday** - Beginners Carving - 10 to 3
- Quilting - 10 to 3
- Cribbage - 1 to 3
- Thursday** - Weaving - 10 to 3
- Knitting - 10 to 3
- Yoga - 10 to 11 *Last class-April 4th*

Craft Room open Monday through Friday- 10 to 3

We have a **luncheon** coming up on **Friday April 19th** at the Kakabeka Legion from 12 to 1. Cost is \$5 for members and \$15 for guests. **Please sign up before Friday April 12th.**



Our **Annual General Meeting** will be held **Friday May 24th** at the **Kakabeka Legion**. Dinner will be at 5:00pm and the meeting will follow. If any members are interested in running for a position on the board, please submit your name and phone number to the current board before the end of April.

Milan Peng

A Very Delicious Cake!

807-620-1612 Intercity Mall
deliciouscakesthunderbay@gmail.com
[@avery_deliciouscake2](https://www.instagram.com/avery_deliciouscake2)

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Rural Family Centre

**"Learning Through Play,
Exploration & Inquiry"
Connect with other Families!**

(for children 0-6 years)

Our Calendar of events can be viewed at:
<https://www.keyon.ca/en/Events/ViewEvents>

* EarlyON Child and Family Centre - Murillo
(Pre-registration on KeyON is required)



For more info, please:
Email: ruralfrcc@tbaytel.net or
Private FB message us or
Call: 935-3009

**Play, sing, laugh and we will
SEE YOU SOON!**

Kakabeka Legion Events



April 2024

Friday April 12th Dance with Quest 7-10
 Sunday April 14th Buffet Breakfast 8:30-11
 Sunday April 21st Jam Session 7-9:30
 Saturday April 27th Craft Sale 9-5
 Sunday April 29th Music 2-4

Murillo Library Monday 10 – 8:00 pm Wednesday 10 – 8:00 pm Saturday 9 – 12 pm 935-2729	Email: oplibrary@tbaytel.net Website: http://oliverpaipooonge.olsn.ca	Rossllyn Library Tuesday 10 – 8:00 pm Thursday 10 to 8:00 pm Saturday 1 – 4:00 pm 939-2312
	Murillo Library Will be closed on Easter Monday April 1 st .	
Thank you to the Rossllyn Women's Institute for their donation from the proceeds of their Valentine Dessert Tea. We will be purchasing new adult and children's books for Rossllyn Library with the donation!	Looking for used books? Both Rossllyn and Murillo Library have a large selection of used books for sale for 50 cents each.	 Use your library card to 'check out' tennis and pickleball equipment at Rossllyn Library.




Please come out and join us at Pinegrove United Church
 100 - Hwy 130
 Admission is free and all are welcome!

April 4 - Coffee and conversation (and some sweet treats) 10 AM
April 18 - Lunch, featuring quiche 11:30 AM

Hope to see you there!
 Volunteers are also welcome (and needed)
 For more information about Cafe del Soul, please visit www.pinegroveuc.org/cafe-del-soul/

CRIBBAGE

BEGINNERS WELCOME!
EVERY TUESDAY 1 P.M.
 ROSSLYN COMMUNITY CENTER
 3405 ROSSLYN ROAD



Come and join the fun and friendship!

Canasta- Hand and Foot Version


Every Thursday from 1:00 to 3:00 at Rossllyn Library. Beginners welcome.



The Enchanting Benefits of Playing Canasta With every meld and discard, players engage their cognitive faculties, sharpening their minds like a wizard's wand. Canasta becomes a mental puzzle, challenging players to analyze, plan, and adapt their strategies to outwit their opponents.



Story Time with Kelsea
 Every Thursday at 11:00 am at Rossllyn Library



Oliver Paipooonge Library 2024
ONTARIO PARK PASSES

Planning a day trip to one of our local provincial parks? Use your library card to borrow a free day pass!

An EarlyON Storytime Adventure

Tuesday, April 16
 1:00pm-2:00pm



The Rural Family Centre is taking storytime on the road to the Rossllyn Library! We will be meeting at the library to enjoy some engaging tales, free play and crafts!

All ages welcome, no pre-registration necessary!
 Call the Rural Family Centre at 935-3009 or ask a staff member at the library for more information!



TAKE OFF POUNDS SENSIBLY



TOPS can help you reach your weight-loss goals by providing you the support, tools, and accountability needed to be successful.
First meeting is FREE.

TUESDAY 5 10:00 AM Baptist Community Church Corner Mudlake & Oliver Rds. Murillo CONTACT 807-577-5924	TUESDAY 5 5:30 PM Blake Community Hall 71 Blake Hall Road Neening CONTACT 807-577-5924
WEDNESDAY 5 6:30 PM O'Connor Community Center 330 Hwy 595 O'Connor CONTACT 807-577-5924	TUESDAY 5 10:15 AM Hope Christian Reform Church 1315 Crawford Ave. Thunder Bay CONTACT 807-577-5924

APRIL 2024

MON	TUE	WED	THU	FRI
1 Chair Yoga @ O'Connor C.C. & CHW drop in appts	2 Fly the C.O.O.P Walking Group Diabetes Educator	3 Chair Yoga @ KB Legion	4 Fly the C.O.O.P Walking Group LifeLabs Walk-In Clinic 8:30am-4:30pm	5
8 Chair Yoga @ O'Connor C.C. & CHW drop in appts	9 Fly the C.O.O.P Walking Group	10 Chair Yoga @ KB Legion	11 Fly the C.O.O.P Walking Group LifeLabs Mobile Clinic - Upsala 10am-3:30pm Diabetes Educator	12 Walk-In Clinic 8:30am-4:30pm
15 Chair Yoga @ O'Connor C.C. & CHW drop in appts	16 Fly the C.O.O.P Walking Group Diabetes Educator	17 Chair Yoga @ KB Legion	18 Fly the C.O.O.P Walking Group LifeLabs Diabetes Educator Walk-In Clinic 8:30am-4:30pm	19
22 Chair Yoga @ O'Connor C.C. & CHW drop in appts Mobile Clinic - Armstrong 1pm-6pm	23 Fly the C.O.O.P Walking Group Diabetes Educator Mobile Clinic - Armstrong 8:30am-1:30pm	24 Chair Yoga @ KB Legion	25 Fly the C.O.O.P Walking Group LifeLabs Walk-In Clinic 8:30am-4:30pm	26
29 Chair Yoga @ O'Connor C.C. & CHW drop in appts	30 Fly the C.O.O.P Walking Group			

NorWest Community Health Centres
 Centres de santé communautaire NorWest

Kakabeka Site
 4785 ON-11 Unit B, Kakabeka Falls, ON P0T 1W0
 (807) 473-5528

PROGRAM INFO.
 Call Shaun at (807) 473-5528 ext.1 to register for all programs

Fly the C.O.O.P Walking Group
 Meet at Kakabeka Falls Legion Hall 10am-11am

CHW Drop in Appointments
 Available until 3pm

Chair Yoga
 Hosted at O'Connor Community Centre OR Kakabeka Falls Legion Hall at 10:30am
 Chair Yoga is also hosted virtually at 10:30am

Follow us!
 NorWest Community Health Centres - Kakabeka Falls Clinic
www.norwestchc.org

Seniors Carpet Bowling

Rossllyn Community Centre
 Sponsored by Rossllyn Library



Seniors!
 Enjoy a fun game of carpet bowling!
 Relaxed & gentle pace of exercise
 Free Socializing & Fun times
 Refreshments
 Special days with prizes and snacks
Beginners welcome!!

every Thursday
 1:30 -4:00 pm
 Call the library at 939-2312 for more information.
 Please bring indoor shoes!



Lakehead Region Conservation Authority

submitted by LRCA Staff

Warmer weather means more people will be out visiting our Conservation Areas and exploring nature. Please be mindful of trail conditions and the weather. Trails may be slippery due to wet, muddy, icy, and snowy conditions, so be prepared for your visit and wear appropriate footwear. Additionally, LRCA staff do not monitor ice conditions, so proceed with caution and at your own risk.

The LRCA is glad to be hosting several public events during 2024, including our 70th Anniversary Celebration Day on Thursday, July 18, 2024, from 3:00 p.m. – 8:00 p.m. right here at our Administrative Office at 130 Conservation Road in Thunder Bay. Keep an eye on our website for more information about upcoming events and registration openings.

The Tree Seedling Program returns in 2024, in partnership with Hill's Greenhouses! Orders will open on Friday, April 5 at 4:30 p.m. and will be accepted online only. Bundles of 25 one-year-old seedlings are available at a cost of \$12 per bundle. Species for 2024 include Jack Pine, White Spruce and Black Spruce. Visit www.store.lakeheadca.com on April 5th to place your order! All proceeds from the sale of tree seedlings are in support of the LRCA's environmental education program.

The 2024 Explore Card Parking Pass is now on-sale! Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users. All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

2024 EVENT DATES FOR OPHP

- MAY 18, 19 (Saturday, Sunday)—**OPENING WEEKEND**
- JUNE 7 (Friday)—**VINTAGE SPORTS CAR EVENT**
- JUNE 8, 9 (Saturday, Sunday)—**QUILTS IN THE VILLAGE, BARN QUILTS EVENT**
- JUNE 15 (Saturday)—**RIDE FOR DAD**
- JULY 6 (Saturday)—**CLASSIC DAY, DISPLAYS CAN BE FROM THURSDAY TO SUNDAY, MUSIC ON SATURDAY ONLY**
- JULY 20 (Saturday)—**FAMILY DAY, KIDS MUSIC, CLOWNS**
- JULY 24-26 (Wednesday, Thursday, Friday)—**DAY CAMP**
- AUGUST 10 (Saturday)—**BLUEGRASS+OTHER MUSIC**
- AUG 17 (Saturday, rain date Sunday)—**JANE AUSTIN COUNTRY DANCE**
- SEPTEMBER 15 (Sunday)—**VILLAGE/HERITAGE CRAFT DAYS**
- SEPTEMBER 22 (Sunday)—**RACER'S MEMORIAL CELEBRATION**
- SEPTEMBER 29 (Sunday)—**VOLUNTEER APPRECIATION DAY, OPEN TO EVERYONE**
- OCTOBER—**VARIOUS DAYS, WEEKENDS, EVENINGS, HALLOWEEN EVENTS**

Slate
River W.I.
Submitted by
Dodie
Legassick

Happy Spring Everyone!

This month Jean Swanson and Diana Cole from the Slate River Women's Institute are giving you cherished recipes. Jean Swanson's recipe is between 70 and 80 years old. Her summary says it all. (It's also interesting to note that Graham flour is a coarse whole grain flour named after Sylvester Graham, from the 1830's, the Father of Vegetarianism who believed even then that we should be eating plant based foods.)

JEAN'S BLUEBERRY SURPRISE

Back in the 50s and 60s, my mother worked in the kitchen at Club 17. Those were the days when all good eating establishments made everything from scratch. Someone gave her a recipe for a Blueberry Cheese Cake, and like all good cooks she tweaked it and came up with her version and named it Blueberry Surprise. It went over real big with their customers! She always make it for our special gatherings, we loved it and all these years later her two granddaughters make it for their friends on special occasions.

GRAMMA B'S BLUEBERRY SURPRISE

Set oven at 350
Crust: 1 1/4 cup crushed graham wafers 1/4 cup melted butter
2 tbsp. milk
Mix well, pack firmly in 11 x 13 pan. (put in hot oven for about 5 min)
Mix 1 8oz. package of cream cheese, 1/2 cup sugar, 2 eggs and 1/2 tsp vanilla. Beat well and spread over crust, add 1 can blueberry pie fill and cook about 15 min.
Cool and add 1/2 pint whipcream or you can use dreamwhip.

Last month we enjoyed a delicious luncheon at Diana Cole's. Everyone should try her Creamy Caesar Salad Dressing that has been her favourite for years. Spring is coming! It is soon salad time and you will find that this one is well worth trying and adding to your recipe collections.

CREAMY CAESAR SALAD DRESSING

Ingredients

* 1 cup Mayonnaise	* 2-3 Garlic Cloves
* 2 Tbsp Lemon Juice	* 1 Tsp Dijon Mustard
* 1 Tsp Worcestershire Sauce	* 1/2 cup Parmesan Cheese grated
* 1/4 Tsp Salt	* 1/2 Tsp Ground Black Pepper

Salad

* Romaine Lettuce	* Croutons
* Parmesan Cheese	* Bacon Bits or Crispy Prosciutto

Instructions

In a small bowl, juice 2 tablespoons of a lemon (or bottled juice if don't have a lemon). Add dijon mustard, Worcestershire sauce, pressed garlic, parmesan cheese and black pepper whisk until blended, add salt as per taste. Add mayonnaise and whisk until smooth.

CAESAR SALAD

Toss romaine lettuce with Caesar dressing, add parmesan cheese, croutons and bacon bits. Serve right away. Enjoy!!

Items from the 1972 Thesis written by Fred Goodfellow, founder of the OP Heritage Park, (formerly Founders Museum)

"Museums ... Their Operation and Educational Values"
(continued from previous issue)

Responsibility and Functions:

"A museum is a non-profit permanent establishment not existing primarily for the purpose of conducting temporary exhibitions, exempt from Federal and Provincial government income taxes, open to the public and administered in the public interest, for the purpose of conserving and preserving, studying, interpreting, assembling and exhibiting to the public for its instruction and enjoyment, objects and specimens of educational and cultural value including artistic, scientific (whether animate or inanimate,) historical and technological material. Museums thus defined shall include art galleries, art exhibit centres, botanical gardens, zoological parks, aquaria, planetaria, historical society museums and historic houses, preservation projects and sites which meet the requirements set forth in the preceding sentence.

From the foregoing paragraph, a most important responsibility is proper interpretation. This would depend greatly upon the use of proper display techniques which will be enlarged upon in a subsequent chapter.

If an establishment is trying to tell an historical story the object must be seen in chronological sequence so greater clarity will result. Research facilities, the rounding-out process, should be provided to aid this interpretation to its greatest extent. (to be continued in the next issue)

Written by Fred Goodfellow 1972 Submitted by Lois Garrity

OLIVER PAIPOONGE HERITAGE PARK By Jean Mayo, Curator

Once again, spring is upon us and we are busy preparing for a new season at the Heritage Park. You will see on our events list that we have added some new and exciting things for you to enjoy. I would like to draw your attention first to the weekend of June 8 & 9, Quilts at the Village and Barn Quilts Competition. There will be a large number of special quilts on display or for sale as well as seminars and speakers about quilting or other sewing projects. This type of event draws a lot of people in other cities and since I have seen some of the quilts already all I can say is WOW! Don't miss this one. For those who have never heard of Barn Quilts please google it to see what it is all about. Briefly, it is a way to decorate buildings with vibrant patterns and colours that will enhance your Barn, Business or Fence. A sheet of plywood is painted in smaller squares like a quilt; some make their squares tell a story by painting pictures of scenery, wild life, etc. within the squares. Check out the samples on the internet. Just type in Barn Quilts. To set up a booth at the Quilts at the Village or to enter into the Barn Quilt Competition please contact Oliver Paipoonge Heritage Park. On June 15th look and listen for the Ride for Dad at the Heritage Park! This huge event is a promotion and fund raiser for Prostate Cancer and is organized through the Thunder Bay Regional Hospital. We are proud to be a part of this great endeavor, and we are looking forward to hearing the roar of the bikes on our grounds. I encourage you to join us in welcoming them to our site and while you are there, 'take a walk through the past'!

Check the list of events for other happenings this summer. Our opening date is May 18 and we will be open Friday to Sunday in May and June, Thursday to Sunday for July and August, and Saturday & Sunday in September. Hours are 12:00 noon to 4:30 each day with earlier and later hours for the Quilts at the Village weekend. Admission is \$5.00 for ages 13 and over, 12 years and under are FREE! Contact us at 807 475 7424 or opmuse2@tbaytel.net. Our new website address is ophp.ca and look for Oliver Paipoonge Heritage Park on Facebook and Instagram.

It's chick season!

DAY OLD CHICKS FROM FREY'S, PERFORMANCE POULTRY,
BERG'S & FEATHERED ACRES HATCHERIES

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available April to September



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all orders require a \$25 deposit

Thunder Bay Therapeutic Riding Association
(Corner of John St. Rd and Calvert Rd)
VOLUNTEER ORIENTATION - APRIL 28TH, 2024
(1 P.M. - 3 P.M.) **VOLUNTEERS NEEDED**

No horse experience needed.

Must be 16 plus to volunteer. 16+ earns volunteer hours.
Dependent on weather, dress for weather conditions

Call 807 472-5650 to confirm date due to weather conditions
(Answering machine message)



**Stay safe
and be prepared!**
Sean Horan
Fire Chief/CEMC

Here's a couple of items for the April column of **BE PREPARED**.

First is a reminder about our disaster preparedness kit (72-hour kit). We have talked about what these kits are and why it is important to have one, but it is just as important to make sure our kits are updated and current. Critical paperwork gets updated throughout the year, so we need to ensure our kits have the most current copies. Items in our kits, such as medications and food items have expiry dates on them, so we need to rotate those supplies. Spare clothes become too big or too small over time. A change in season will also require your kit to be updated. Given we are in a transition from winter to summer, it is a good time to update our kits. Experience has shown that emergencies can happen very quickly leaving no time to gather items. A well stocked kit will help you and your loved ones get through the first couple days of a disaster.

Each kit should be tailored to individual needs, however should be small enough to be easily carried and contain some basic items. Some items to consider:

- Water-at least 2 litres per person per day. Consider small containers to make it easier to carry.
- Food that won't spoil such as energy bars, dried foods etc.
- Spare set of clothing
- Flashlight with spare batteries
- Radio with spare batteries
- Well stocked first aid kit
- Spare keys, auto, home etc.
- Some cash in small bills
- Emergency Plan with contact information
- Critical paper work such as insurance policies, personal documents, memory stick with family photos etc.
- Hygiene kit with toothbrush, toothpaste, soap, feminine hygiene products, hand sanitizer, N95 masks, toilet paper, etc.
- Sleeping bag or blankets
- Safety gear such as safety glasses, gloves
- If you have children, ensure you have spare clothes, diapers, food along with toys and games to keep them occupied.
- Don't forget your pets. You should have food, leashes and supplies to clean up after your animal.

For more ideas on items to include in your kit visit [Get Prepared at Your Emergency Preparedness Guide \(getprepared.gc.ca\)](https://www.getprepared.gc.ca)

Lastly, **May 5th to the 11th is Emergency Preparedness Week**. The theme this year is "Plan for every season" Living in the North, our seasons seem to be forever in change mode, with each season presenting different challenges.

We certainly need to be prepared for each one of them.

You never know where or when there is going to be an emergency. Being prepared is critical to safely navigate your way through an emergency or disaster.

